Northampton Recreation Department's 2013 Tennis Programs





Tennis is an individual or team sport and we offer something for everyone of all ages and abilities. We are committed to offering a variety of tennis programs to get you active and improve your game.





The Northampton Recreation Department is an official Tennis Welcome Center member. We join more than 3,000 facilities across the country that offer opportunities to participate in affordable, introductory tennis programs. Find out more about this program at www.TennisWelcomeCenter.com

The City of Northampton supervises the six tennis courts at the Aquatic and Family Center at JFK Middle School. The courts are monitored by Recreation Personnel and are open mid April through mid October.

Northampton Recreation is a proud & award winning member of the United States Tennis Association

Northampton Recreation - Adult Programs & Leagues

Adult Singles League

Monday, May 20 - Friday, August 19, 2013

League Fees: \$22 \$32 non-residents

Registration Deadline: May 13, must be completed online, http://northampton.tencaptennis.com

For additional information and how to register please visit:

www.northamptonma.gov/recreation/Adult Programs/Tennis/

League Jamboree: The Jamboree is for players who want to play in the league but have not done so in the past. It allows us to see these people play and helps us properly place them by ability in the league.

New players should be prepared to play for an hour.

Location: JFK Middle School in Florence.

Jamboree Date: Sunday, May 5th 11:00am-12:30pm (Raindate: Sunday, May 12th, 11:00am-12:30pm)

Adult Group Lessons

Schedule:

Session 5

Monday & Wednesday

Sessions 1-4 5:30 - 6:30pm Tennis 1-2-3

6:30 - 8:00pm Round Robin Doubles 5:00 - 6:30pm Round Robin Doubles

Tuesday & Thursday

Session 1 - 4 5:30 - 7:00pm Intermediate Tennis Drills Session 5 5:00 - 6:30pm Intermediate Tennis Drills

Session 1: May 13 – June 7 (no class 5/27) Session 2: June 10 - July 5 (no class 7/4)

Session 3: July 8 - August 2 Session 4: August 5 - August 30

Session 5: Sept. 3 – Sept. 27 (No class on 9/2) Classes missed due to weather and holidays

will be made up on Fridays

Location: JFK Middle School

Fee: \$60, non residents add \$10

Drop In Fee: \$10 per class

Class Descriptions:

Tennis 1-2-3

Beginner class focusing on the basic strokes and movement required when beginning to play the game. *See Welcome Center description.*

Round Robin Doubles

1.5 hours of pro supervised round robin play. Doubles is emphasized but some singles may be played.

Intermediate Tennis Drills

A fast paced workout with lots of drills and games. Play situations, footwork and strategy are stressed.

Quickstart Tennis for Adults

For: Adults & Parents

Days: Saturdays

Dates: May 18 - June 22

Times: Quickstart 1 9:00-10:00am Quickstart 2 10:00-11:00am

Location: JFK Middle School

Fee: 40, non-residents add \$10

Learn to play tennis right alongside your kids! Adults get a lesson with the same equipment the kids are using. We'll focus on the best ways for you to play with your kids.





Northampton Recreation - Youth Programs

QuickStart 1 Tennis

Ages 5-7 For:

May 18 - June 22 Session 1 Sat., 9:00-10:00am July 8 - July 12 Session 2 Mon.-Fri. 11:00-12:00pm July 22 - July 26 Mon.-Fri. 11:00-12:00pm Session 3 Session 4 Aug. 5 - Aug. 9 Mon.-Fri. 11:00-12:00pm

Sept. 7 - Sept. 28 Session 5 Sat., 9:00-10:00am

Location: JFK Middle School

Bridge St. Elementary School Rain Site:

Cost: Session 1 \$60, non residents add \$10 Session 2, 3 & 4 \$50, non residents add \$10 Session 5 \$40, non residents add \$10

QuickStart 2 Tennis

For: **Ages 8-10**

May 18 - June 22 Session 1 Sat., 10:00-11:00am Session 2 Sept. 7- Sept. 28 Sat., 10:00-11:00am

Location: JFK Middle School

Session 1 \$60, non residents add \$10 Cost:

> \$40, non residents add \$10 Session 2



Quickstart Tennis is a new format for learning the game of tennis for kids 10 yrs. and vounger. Like other sports, playing fields and equipment are modified to reflect the age and skill development of the player. We'll use smaller courts and low compression or foam balls to get kids to actually play tennis ASAP. Visit www.10andundertennis.com for a look at this new format of play.

Make ups for Saturday classes due to weather and holidays for sessions 1 & 5 will be held on the Saturday at the end of the session. For Sessions 2, 3 & 4 lessons will be held at Bridge St. School gym when it rains. Call the cancellation hotline at 587-1044 by10:00am when rain is forecasted.

Check out the new adult Quickstart classes that run while your child is participating in the youth class.

Junior Tennis Skills & Drills

Ages 8-14 For:

Days: Monday - Friday 1-4:00pm

Dates: Session 1 June 26 - June 28 (Wed.-Fri.)

> Session 2 July 1 - July 5 (no class 7/4)

July 8 - 12 Session 3 July 15 - 19 Session 4 Session 5 July 22 - 26 Session 6 July 29 - August 2 Session 7 August 5 - 9 Session 8 August 12 - 16 Session 9 August 19 - 23*

Location: JFK Middle School

Rain site: Bridge St. Elementary School

Session 1: \$54, non residents add \$10 Fee:

> Session 2: \$72, non residents add \$10

Sessions 3-9: \$90, non residents add \$10 Decision regarding rain site will be made by 11am.

For Session 9, the JFK gym is not available for class in the event of a pop up rain shower for session 9. If class is cancelled a pro-rated refund will

be given.

Hot Shot Tennis

For: Ages 10-14

Session 1 May 18 – June 22

Sat., 11:00am-12:30pm

Session 2 Sept. 7 - Sept. 28

Sat., 11:00am-12:30pm

Make ups will be held on the Saturday following the end of the session.

Location: JFK Middle School

Fee: Session 1 \$90, non residents add \$10

\$60, non residents add \$10 Session 2



Northampton Recreation Youth Leagues

USTA Junior Team Tennis Leagues

For: 10 & under Division



The team will play matches against other programs in the Pioneer Valley League and will use the 10 & under play format (smaller courts and orange low compression balls.) Players who meet the age requirements and are taking this class or Tennis Skills & Drills are eligible to play in team matches. An additional junior membership fee to the USTA is required for match play.

Dates: July 10 - August 18

Days: Team Practices Wed 4-5:00pm, Matches TBD (typically Monday nights & Saturdays)

Fee: \$75 (non residents add \$10), plus an \$30 online fee to the USTA

For: 18 & under Division

For players interested in competitive tennis. Drills will focus on footwork, conditioning, and competitive situations. League participants **must** be willing to play team matches at both home and away sites. Players may choose to play in matches (an additional 1-time fee to the USTA is required) or to participate only in practices.

This league leads up to the Western Mass. State Tournament to be held on Saturday and Sunday, August 10 & 11 at Forest Park in Springfield. A commitment for the entire weekend will be needed from a minimum of 3 boys and 3 girls.

Dates: June 18 – Aug. 11 Tu & Thu 4-5:30pm

Fee: \$120, plus a \$30 online membership fee to the USTA (non-residents add \$10)

Practices at JFK Middle School on Tuesdays and Thursdays. Home *matches* will be at Look Park. Away matches are at various sites around western MA. Matches are held on Wednesdays at 6:00pm.



Other Available Services:

Private Lessons:

Mike Kolendo \$50 per hour Jon Aronstein \$50 per hour

Racquet stringing, re-gripping, racquet & shoe sales. See Mike for details.



Northampton Recreation Department
90 Locust Street
Northampton, M A01060
587-1040

www.northamptonma.gov/recreation